



**MTC NEWSLETTER**

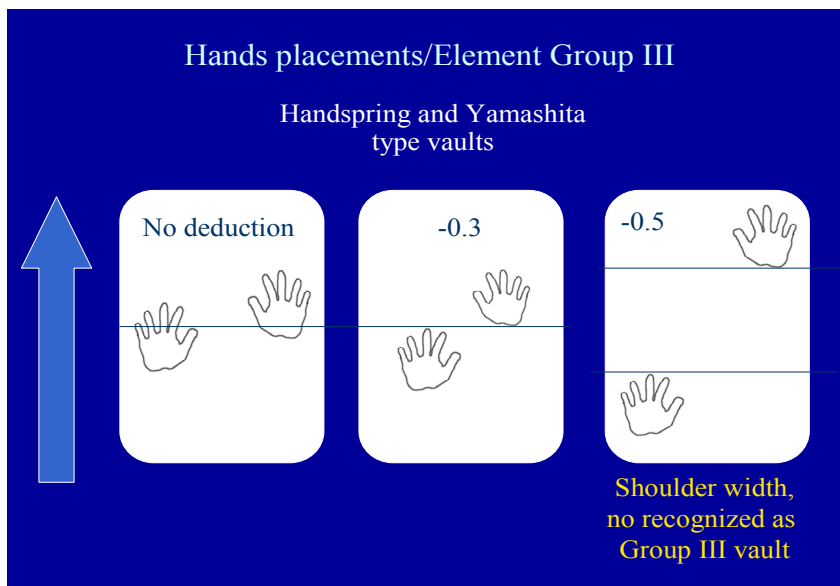
**N° 21 November 2006**

*by Mr Adrian STOICA, President of the Men's Technical Committee*

Bucharest (ROM) / Moutier (SUI) 19.11.2006

The Men's Technical Committee, following the World Championships in Aarhus, DEN, 14-21 October 2006, took the following decisions to amend the 2006 Code of Points. All were approved by the Executive Committee in its meeting on November 1, 2006 in Geneva. No further changes of the Code of Points will be made until after 2008 Olympic Games in Beijing.

- **Floor:**
  - Elements Group I, page. 39, elements # 32, 33, and 34 – starting position will be marked with the sign of maintaining position (o). That means both – starting, and ending position - must be hold in order to receive the credit as B, C or D parts.
  
- **Pommel Horse:**
  - Art. 32, point 2, will include a new provision which will stipulate that **a maximum of two Russian Wende swings are permitted within an exercise, including dismount.** Combined elements on one pommel which includes Russian Wende swings on one pommel are exempted from this rule.
  - It is necessary to clarify that travel elements which includes Russian Wende swings as **Wu Guonian or Roth are not under the incidence of this rule.**
  - A specification is necessary regarding Wu Guonian technical execution. Due to the fact that Wu Guonian represent a 3/3 travel with 720° Russian Wende swing turn, the gymnast must finish 360° turn travelling to between pommels, and the rest of 360° turn travelling until the element is finished in support at the end of the horse. If the gymnast is executing the full travel with only 360° turn, and he is continuing with the rest of 360° turn during his support at the end of the horse, will be considered as two elements: a Roth (3/3 travel with 1/1 Russian Wende swing), and a 1/1 Russian Wende swing, with the respective appropriate values.
  - Art. 32 point 2 will include also a new letter k): "All dismounts other than handstand dismounts must be executed at a minimum angle of 45° above the shoulder horizontal line before landing. For lower high, deductions will be applied according with specific errors and deductions table for pommel horse.
  - Table for specific errors and deductions for pommel horse (Art. 33) will include as last row the following: "Non handstand dismounts, body position under 45 ° above shoulder horizontal line, medium error, deduction 0.3 p."
  - Page 62, element # 27 – the existing text will be replaced with the following text: "All travels with ½ spindle"
  
- **Rings:**
  - No changes for rings.
  
- **Vaults:**
  - Page 88, Art. 41 – Exceeding 25 meters run for vaults will be deducted with 0.5 points as an apparatus related mistake instead of 0.3 points as now it is provided.
  - Page 87, Art. 40 – will include a new point regarding rule for hands placement for Handspring and Yamashita style vaults (Group III). During the support phase, hands must be placed "on line" – see the following diagram:



- Infractions to this rule will be deducted according with Art. 41, Table of specific errors and deductions for Vaults, under B Jury deductions which will be filled in with a new row: "Hands not "in line" for Handspring vaults as medium (0.30 deduction) or large error (0.50 deduction, and vault change into Group IV).
- Some errors in vaults difficulties will be corrected – page 94, Group IV #28 from 5.4 to 5.8; page 95, Group V #7 from 3.4 to 3.8, and page 97, Group V #55 from 7.0 to 7.2.

- **Parallel Bars:**

- Technical requirement for element Wells, page 109, Elements Group III #16 – Wells giant swing must be executed with dislocation **during the giant swing**, other way will be considered as a variation of a normal giant swing, with same number (box) and difficulty value as the normal giant swing. Gymnasts will be required to pass at least from the horizontal of the bars in the way up to handstand in inlocation shoulder position.

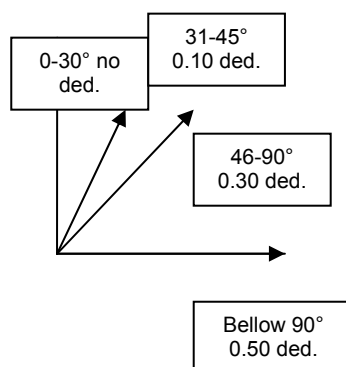
- **Horizontal Bar:**

- Technical requirement for Russian giant swing, page 130, Element Group IV #15 – the Russian giant swing must be executed **in rearway hang during the giant swing** in order to be recognized as C value. If it is executed only with **momentary handstand inlocation and/or picked body position** will be recognized as a normal el grip giant swing, with same number (box) and difficulty value as the normal el grip giant swing. To be recognized, both of them **must fill up 360°, from handstand to handstand**.
- Page 119, Art. 48 will include a new rule concerning elements with turns – **an exercise can not include more than one grip variation of the same element**. The second executed one, in **chronological order** is considered as repetition.



**Examples:**

- If a Rybalko in double el grip is executed – another Rybalko in mixt grip or one hand grip is not more permitted;
  - If an Endo with 1/1 turn in mixt grip is executed – another Endo with 1/1 turn in double el grip is not more permitted.
  - If a Stalder ½ turn in double el grip is executed – another Stalder ½ turn in mixt grip is not more permitted.
- A new specific chart of angular deviations and deductions for elements with turns will be included on page 116. Article 47 point 3b - content will be deleted, and replaced with “For elements which include turns, deviations from the prescribed turning end body position (during the re-grasping moment) will be applied, according with the following specific chart:”



**All these modifications will be in effect after January 1<sup>st</sup>, 2007.**

With compliments,

**Adrian STOICA,**  
MTC President